

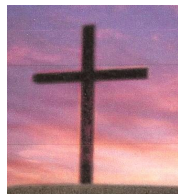
***SOME EXAMPLES OF WAYS TO GAIN A
PLENARY INDULGENCE**

- ADORATION OF THE BLESSED SACRAMENT FOR AT LEAST ONE HOUR
- MAKING THE WAY OF THE CROSS
- PRIVATE RECITATION OF FIVE DECADES OF THE ROSARY (WITH CONDITIONS)
- PUBLIC RECITATION OF FIVE DECADES OF THE ROSARY (WITH CONDITIONS)
- ON EACH FRIDAY OF LENT THOSE WHO AFTER COMMUNION PIOUSLY RECITE BEFORE AN IMAGE OF CHRIST CRUCIFIED THE PRAYER. **“LOOK DOWN UPON ME, GOOD AND GENTLE JESUS”** THIS IS A PARTIAL ON THE OTHER DAYS OF THE YEAR.
- RENEWAL OF BAPTISMAL PROMISES IN THE LITURGY OF THE EASTER VIGIL
- ACT OF CONSECRATION IF IT IS PUBLICLY RECITED ON THE FEAST OF THE SACRED HEART OF JESUS
- PUBLICLY MAKE THE ACT OF CONSECRATION OF THE HUMAN RACE TO THE SACRED HEART OF JESUS ON THE FEAST OF CHRIST THE KING
- A PIOUS VISIT TO A CHURCH ON ALL SOULS DAY (NOV. 2ND) WITH THE PRAYERS OF 1 OUR FATHER AND THE CREED—FOR THE SOULS IN PURGATORY ONLY
- A DEVOUT VISIT TO A CEMETERY WITH A PRAYER, EVEN IF ONLY MENTAL FOR THE DEPARTED SOULS, EACH DAY FROM NOV. 1ST THRU THE 8TH

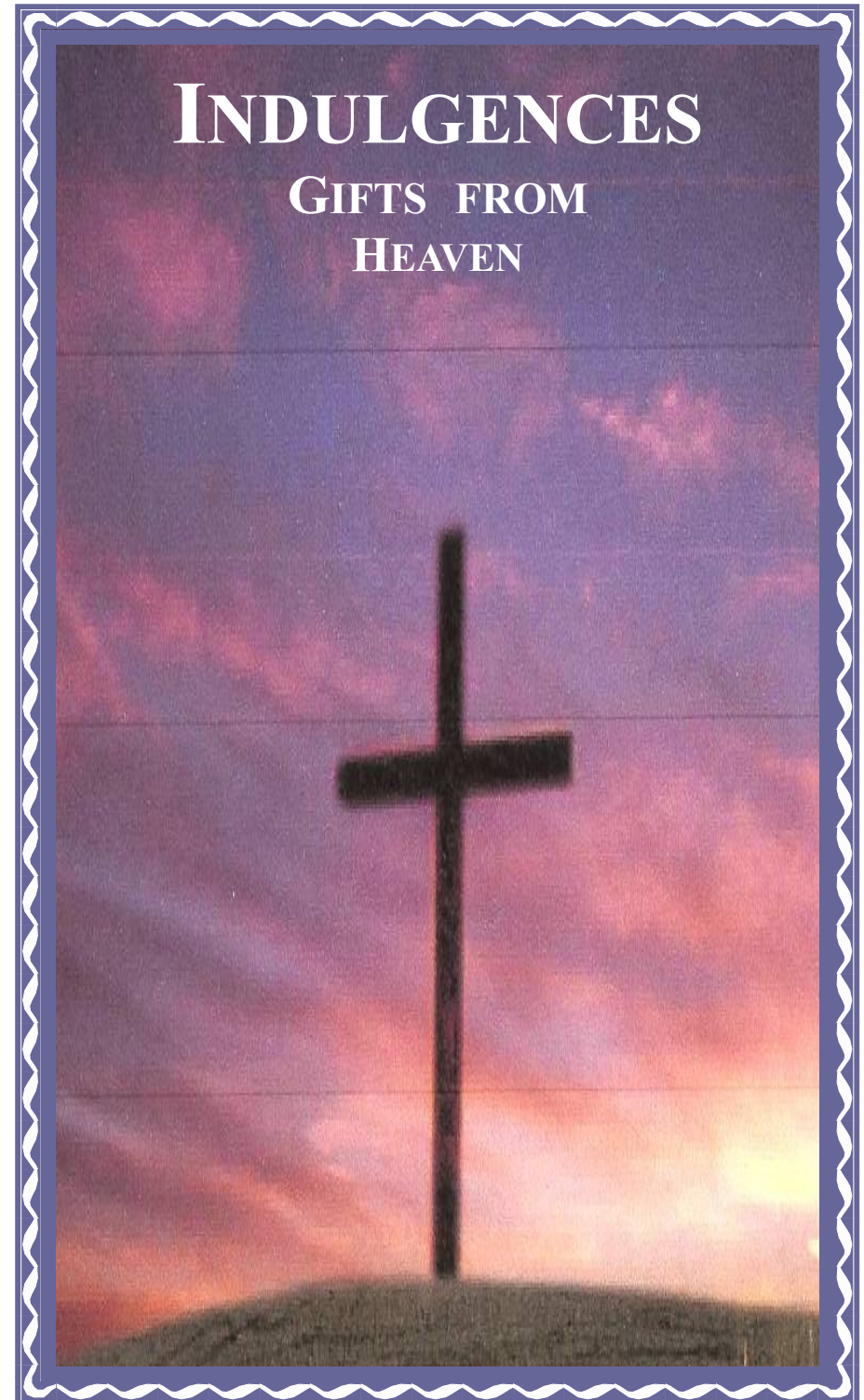
With any of these indulgences *only* one’s Confessor, *not any priest* may commute the work or conditions of receiving them if there is hardship. **Please refer to the [website](#) below for any conditions that may apply to gain the indulgence.**

**(excerpted from www.fisheaters.com/indulgences)*

These Indulgences are free gifts from God! How blessed you will be to receive them if you remain in the state of grace.



PLEASE VISIT OUR WEBSITE: www.pamphletstoinpire.com



INDULGENCES

***One** of the least known or remembered traditions of the Catholic Church, especially for anyone under the age of fifty, concerns indulgences. Like the Latin Mass and meatless Fridays, the indulgence was one of the traditions decoupled from mainstream Catholic practice in the 1960's by the Second Vatican Council. It has a thousand year history and volumes of Church law devoted to its intricacies, and is among the least noticed or disputed traditions being restored.

*(article by Bishop Nicholas A. DiMorzio of Brooklyn and www.nytimes.com/2009/02/nyregion).

****The** definition of an indulgence as defined in the Code of Canon Law (can992) and in the Catechism of the Catholic Church (n1471) is: “An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfaction of Christ and the saints.”

**[excerpted from www.EWTN.com](http://www.EWTN.com)

*****The** temporal effects of sin can be traced back in Scripture to the Old Testament. It is made clear that sin effects others who may not have committed personal sin. The greatest and first example is that of the sin of Adam and Eve which resulted in the fall of man from grace and resulted in “original sin.” The Pentateuch (i.e. Torah, the first five Books of the Bible) also speaks of the sins of the father being visited upon the children (Exodus 20:5); while (1 Cor. 12:26) demonstrates that what effects one member of the Body affects another. If the temporal effects of repented sinners are not paid for in this life, then we must pay for them in purgatory. This purgation is clearly summoned up in two verses (Mt. 5:25-26) and (1 Cor. 3:12-15).

Graces and good works minimize the temporal effects of sin, (Exodus 20:5-6) (Col 1:23-24) while building up the Body of Christ. When we cooperate with grace—when we pray, give alms, fast, offer up our sufferings, etc., - we literally strengthen the Body of Christ in a mystical way! Christ Himself and all the Saints of 2000 years (by the grace of Christ) have built up His Mystical Body and laid up a “treasury of merit” or “spiritual treasury” as it also known. (Rom. 7:5) In the same manner, we detract from the Body of Christ through sin. (1 Cor. 12-26).

The Church was given the power to bind or loose sin from Christ (Mt. 16:13-19) It has the authority to determine certain practices which help us to benefit from the “treasury of merit.” This is an indulgence.

***[excerpted from \(www.fisheaters.com\)](http://www.fisheaters.com)

*****There** are **two types** of indulgences. A **partial remits** only **some of** the temporal punishment due to sins, or **plenary**, which **remits all** temporal punishment due to sin.

A partial indulgence can be acquired as often as one desires. To gain this indulgence, one must do the following:

- Be in a state of grace (free of mortal sin). A good confession is not otherwise necessary, but a contrite heart for even venial sin is.
- Intend to receive the indulgence.
- Perform the prescribed action of the indulgence.

There are three General Grants of partial indulgences and many Special Grants as follows:

- First, General Grant: those who in the performance of their duties and in bearing the trials of life, raise their mind with humble confidence to God, adding—even if only mentally some pious invocation
- Second General grant: those who in a spirit of faith and mercy give of themselves or of their goods to their brothers in need
- Third General Grant: those who in a spirit of penance voluntarily deprive themselves of what is licit and pleasing to them.

SPECIAL GRANTS:

- Indulged prayers, either recited alone, alternately with a companion, or by following it mentally as another recites it
- Indulged works, such as the devout use of a properly blessed article of devotion (Crucifix, Rosary, scapulas or medals), reading Scripture, making the Sign of The Cross, visits to the Blessed Sacrament, etc.

A plenary Indulgence can be acquired only once each day for the same work (unless one is at the moment before death, in which case he may acquire another and on All Souls Day-Nov. 2nd-when the faithful may gain the indulgence only for the souls in Purgatory as often as they want). The conditions for receiving a plenary indulgence under “the usual conditions” are:

- Have the intention of gaining the indulgence
- Receive the Sacrament of Penance (within several days before or after the prescribed action of the indulgence)
- Receive the Holy Eucharist
- Pray 6 Our Fathers, 6 Hail Mary's and 6 Glory Be's for the intention of the Holy Father, this is the traditional number
- Perform the prescribed action of the indulgence, (ex. Visit to a church and recited 1 Our Father and the Creed
- Be free from all attachment to venial sin. This last is the most difficult, and if it can't be fulfilled, only a partial indulgence will be gained.

***[excerpted from www.fisheaters.com/indulgence](http://www.fisheaters.com/indulgence)

******A** complete list of indulged prayers and works are contained in a book called the “Raccolta” or “Enchiridion” which means “handbook” or “manual.” A translation by Fr. Ambrose St. John in 1866 and approved by Pope Pius IX may be found at (www.franciscan-sfo.org/ap/rac/contents.htm). ********