

The Memento Mori Rosary

Latin For:
(Remember You Will Die)

The Memento Mori Rosary is composed of several mysteries that help us to meditate on and enter into Jesus' death. When we pray these mysteries, we can ask for the grace to live our lives in preparation for our death just as Jesus did. We can also pray in gratitude for the gift of salvation that allows us to hope in eternal life and in the final resurrection of the body.

In St. Paul's letter to the Romans he writes: "If we have grown in union with him through a death like his we shall also be united with him in the resurrection."

Pope Pius XI wrote: "The Rosary is a powerful weapon to put the demons to flight, to preserve the integrity of life, to acquire virtue more easily, and in a word, to attain real peace."

In the name of the Father And OF the Son And OF the Holy Spirit. Amen

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen. (3x)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Mysteries of the Memento Mori Rosary:

1st. Mystery - The Birth of Jesus at Bethlehem

Now it happened that in those days a decree went out from Caesar Augustus that all the world should be registered... Since Joseph was of the house and family of David, he went up from Nazareth in Galilee to Bethlehem of Judea, the city of David, to be registered with Mary, who was betrothed to him and who was pregnant. It happened that while they were there, the day came for her to give birth. She gave birth to her firstborn son, wrapped him in swaddling clothes, and laid him in a manger, because there was no room for them in the end. (Luke 2:1, 4 – 7).

We ask for the grace to live each day in gratitude for the gift of life.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen. (10x)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen.

2nd. Mystery - Jesus Institutes The Eucharist

And while they were eating, he took bread, blessed it, broke it, gave it to them and said, "Take it; this is my body." And taken the cup, he blessed it and gave it to them and they all drank from it. Then he said to them, "This is my blood of the covenant, which will be poured out for many. Amen, I say to you I will not drink again of the fruit of the vine until that day when I drink it new in the kingdom of God." (Mark 14:22 – 25).

We ask for the grace to be Christ to others.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen. (10x)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen.

3rd. Mystery - Jesus Carries the Cross to Calvary

And carrying the cross himself, he went out to what was called "The Place of the Skull," in Hebrew, Golgotha, where they crucified him and with him two others, one on either side, while Jesus was in the middle. (John 19:17 – 18).

Then he said to them all, "If any want to become my followers, let them deny themselves and take up their cross daily and follow me." (Luke 9:23).

We ask for the grace to remember death daily.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen. (10x)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen.

4th. Mystery - Jesus Is Crucified

Now standing by Jesus' cross were his mother and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple he loved standing by, he said to his mother, "Woman, here is your son." Then he said to the disciple, "Here is your mother." And from that hour the disciple took her into his home. (John 19:25 – 27).

We ask for the grace of deliverance from a sudden death.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen. (10x)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen.

5th. Mystery - Jesus Rises from the Dead

Now after the Sabbath, as it began to dawn on the first day of the week, Mary Magdalene and the other Mary came to see the sepulcher. And, behold, there was a powerful earthquake; an angel of the Lord came down from heaven, came up to the stone, rolled it away and sat upon it... The angel said to the women, "Don't be afraid – I know you are looking for Jesus, who was crucified. He is not here – he is risen, just like he said." (Matthew 28:1 – 2, 5 – 6).

We ask for the grace of an increase in the virtue of hope.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen. (10x)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen.

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

In the Name of the Father, and of the Son and of the Holy Spirit.

