

Beatitudes for Friends of the Aged

by Esther Mary Walker

Blessed are they who understand
my faltering step and palsied hand.

Blessed are they who know that my ears today
must strain to catch the things they say.

Blessed are they who seem to know
that my eyes are dim and my wits are slow.

Blessed are they who looked away
when coffee spilled at table today.

Blessed are they with a cheery smile
who stop to chat for a little while.

Blessed are they who never say,
"You've told that story twice today."

Blessed are they who know the ways
to bring back memories of yesterdays.

Blessed are they who make it known
that I'm loved, respected and not alone.

Blessed are they who know I'm at a loss
to find the strength to carry the cross.

Blessed are they who ease the days
on my journey Home in loving ways.

++++++

TODAY HAVE THE BEST DIVINE DAY OF YOUR LIFE!

PLEASE VISIT OUR WEBSITE: www.pamphletstoinspire.com

THIS DIVINE DAY OF MY LIFE



*...what an unbelievable life I have had so far:
there were times when I wondered
if I would make it to today;
but I did!
I'm going to celebrate this divine day!*

This Divine Day of My Life

by G.M. Lousignont, Ph.D.

Today, when I awoke, I suddenly realized
that this is the best day of my life, ever!
There were times when I wondered
if I would make it to today; but I did!
And because I did I'm going to celebrate
this divine day!

Today, I'm going to celebrate what an
unbelievable life I have had so far:
the accomplishments, the many divine blessings,
and, yes, even the hardships because
they have served to make me stronger.
I will go through this day with my head held high,
and a happy heart.
I will marvel at God's divine simple gifts:
the morning dew, the sun, the clouds, the trees,
the flowers, the birds.
Today, none of these miraculous divine creations
will escape my notice.

Today, I will share my excitement for life
with other people.
I'll make someone smile.
I'll go out of my way to perform an
unexpected act of kindness
for someone I don't even know.

Today, I'll give a divine and sincere
compliment to someone who seems down.
I'll tell a child how special he or she is.
I'll tell someone I love,
just how deeply I care for them
and how much they mean to me.

Today is the day
I quit worrying about what I don't have
and start being grateful
for all the divine and wonderful things
God has already given me.
I'll remember that to worry
is just a waste of time because
my faith in God and his Divine Plan
ensures everything will be just fine.

And tonight,
before I go to bed,
I'll go outside and raise my eyes to the heavens.
I will stand in awe at the divine beauty
of the stars and the moon,
and I will praise God for these magnificent treasures.
As the day ends and I lay my head down on my pillow,
I will thank the Almighty for
the best divine day of my life.
And I will sleep the sleep
of a contented child,
excited with expectation because
I know tomorrow is going to be
the best divine day of my life, ever!

A coincidence is when God performs a miracle
and decides to remain anonymous.

+ + + + +