

Saint Faustina Kowalska's Healing Prayer

Jesus, may Your pure and healthy blood circulate
in my poor ailing organism,
and may Your pure and healthy body
transform my weak unhealthy body,
and may a healthy and vigorous life
flow once again within me,
if it is truly Your Holy Will.
Amen.



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Saint Faustina

Feast Day: October 5th



Saint Mary Faustina Kowalska
(1905-1938)

*Saint Faustina was born Helena Kowalska in a small village west of Lodz, Poland on August 25, 1905. She was the third of ten children. When she was almost twenty, she entered the Congregation of the Sisters of Our Lady of Mercy, whose members devote themselves to the care and education of troubled young women. The following year she received her religious habit and was given the name Sister Maria Faustina, to which she added, "of the Most Blessed Sacrament", as was permitted by her congregation's custom. In the 1930's, Sister Faustina received from the Lord a message of mercy that she was told to spread throughout the world. She was asked to become the apostle and secretary of God's mercy, a model of how to be merciful to others, and an instrument for reemphasizing God's plan of mercy for the world. It was not a glamorous prospect.

Her entire life, in imitation of Christ's, was to be a sacrifice - alive lived for others. At the Divine Lord's request, she willingly offered her personal sufferings in union with Him to atone for the sins of others; in her daily life she was to become a doer of mercy, bringing joy and peace to others, and by writing about God's mercy, she was to encourage others to trust in Him and thus prepare the world for His coming again. Her special devotion to Mary Immaculate and to the sacraments of Eucharist and Reconciliation gave her the strength to bear all her sufferings as an offering to God on behalf of the Church and those in special need, especially great sinners and the dying.

She wrote and suffered in secret, with only her spiritual director and some of her superiors aware that anything special was taking place in her life. After her death from tuberculosis in 1938, even her closest associates were amazed as they began to discover what great sufferings and deep mystical experiences had been given to this Sister of theirs, who had always been so cheerful and humble. She had taken deeply into her heart, God's gospel command to "be merciful even as your heavenly Father is merciful" as well as her confessor's directive that she should act in such a way that everyone who came in contact with her would go away joyful.

The message of mercy that Sister Faustina received is now being spread throughout the world; her diary, *Divine Mercy in my Soul*, has become the handbook for devotion to the Divine Mercy. *(excerpted from: www.catholic.org)

****Maria Faustyna Kowalska**, commonly known as **Saint Faustina** (born Helena Kowalska, 25 August 1905 in Glogowiec – 5 October 1938 in Kraków, Poland), was a Polish nun who has been canonized as a saint by the Roman Catholic Church. She is considered to have been a mystic and visionary and is known and venerated as the Apostle of Divine Mercy.

Throughout her life, Faustina reported having visions of Jesus and conversations with him, which she wrote about in her diary, later published as the book *The Diary of Saint Maria Faustina Kowalska: Divine Mercy in My Soul*. Her Vatican biography quotes some of these reputed conversations regarding the Divine Mercy devotion.

At age 20 she joined a convent in Warsaw and was later transferred to Plock and then to Vilnius where she met her confessor, Father Michael Sopocko, who supported her devotion to the Divine Mercy. Faustina and Sopocko directed an artist to paint the first Divine Mercy image, based on Faustina's reported vision of Jesus. Sopocko used the image to celebrate the first Mass on the first Sunday after Easter - which later became known as Divine Mercy Sunday.

Faustina was canonized on 30 April 2000.

** (excerpted from: wikipedia.com)