

Visit to the Most Blessed Sacrament

Padre Pio recited this prayer daily. It was written by St. Alphonsus Liguori.

O my Lord Jesus Christ, who for the love You bear mankind, remain night and day in this Sacrament, all full of tenderness and love, expecting and receiving all those who come to visit You: I believe that You are present in the Sacrament of the altar; I adore You from the depths of my own nothingness and thank You for all the favors You have bestowed upon me; and especially for having given me Yourself in this Sacrament, and Your holy Mother Mary as my Advocate; and for having called me to visit You in this church. I pay homage this day to Your most loving Heart and this I intend to do for three intentions: first, in thanksgiving for this great gift; secondly, in reparation for all the insults You have received from Your enemies in this Sacrament; thirdly, by this visit I intend to adore You in all places upon the earth, where You are least adored and most neglected in Your Sacrament.

My Jesus, I love You with my whole heart. I repent of having in the past so many times displeased Your infinite goodness. I intend, with the help of Your grace never more to offend You in the future; and at the present, wretched as I am, I consecrate myself wholly to you. I give You, and renounce, my entire will, all my affections, all my desires, and all that I possess. From this day forth, do with me and with all that is mine whatever is pleasing in Your sight. I ask and desire only Your holy love, final perseverance and the perfect fulfillment of Your will.

I commend to You the souls in purgatory, especially those who were most devoted to this Blessed Sacrament and to the Blessed Virgin Mary.

I commend to You in like manner all poor sinners. Finally, my dear Savior, I unite all my affections with those of Your most loving Heart, and thus united I offer them to Your eternal Father, and I pray to Him in Your name graciously to accept and answer them for love of You.

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Padre Pio's Favorite Prayers Part—I of III



**Padre Pio's Act of Consecration
to the Blessed Virgin on the First Saturday of Every Month**

O Mary, Virgin most powerful and Mother of mercy, Queen of heaven and Refuge of sinners, we consecrate ourselves to your Immaculate Heart. We consecrate to you our very being and our whole life; all that we have, all that we love, all that we are. To you we give our bodies, our hearts and our souls; to you we give our homes, our families, our country. We desire that all that is in us and around us may belong to you, and may share in the benefits of your motherly benediction.

And that this act of consecration may be truly efficacious and lasting, we renew this day at your feet the promises of our Baptism and our first Holy Communion. We pledge ourselves to profess courageously and at all times the truths, of our Holy Faith, and to live as Catholics who are duly submissive to all the directions of the Pope and the Bishops in communion with him. We pledge ourselves to keep the commandments of God and His Church, in particular to keep holy the Lord's day. We likewise pledge ourselves to make the consoling practices of the Christian religion, and above all, Holy Communion, an integral part of our lives, in so far as we shall be able to do so.

Finally, we promise you, O glorious Mother of God and loving Mother of all, to devote ourselves wholeheartedly to your service, in order to hasten and assure, through the sovereignty of your Immaculate Heart, the coming of the kingdom of the Sacred Heart of your adorable Son, in our own hearts and in the hearts of all, in our country and in all the world, as in heaven, so on earth. Amen

A Prayer for Trust and Confidence in God's Mercy

by St. Padre Pio of Pietrelcina

O Lord,
we ask for a boundless confidence
and trust in Your divine mercy,
and the courage to accept
the crosses and sufferings
which bring immense goodness
to our souls and that of Your Church.
Help us to love You
with a pure and contrite heart,
and to humble ourselves beneath Your cross,
as we climb the mountain of holiness,
carrying our cross that leads to heavenly glory.
May we receive You
with great faith and love in Holy Communion,
and allow You to act in us as You desire
for Your greater glory.
O Jesus, most adorable Heart
and eternal fountain of Divine Love,
may our prayer find favor before
the Divine Majesty of Your heavenly Father.
Amen.