

# The Litany of Our Lady of Seven Sorrows

Lord, have mercy on us;

*Christ, have mercy on us.*

Lord, have mercy on us. Christ, hear us;

*Christ, graciously hear us.*

God, the Heavenly Father;

*have mercy on us.*

God, the Son, Redeemer of the world;

*have mercy on us.*

God, the Holy Ghost;

*have mercy on us.*

Divine Trinity, One God;

*have mercy on us*

Holy Mary, Mother of God,

*pray for us.*

Holy Virgin of virgins,

*pray for us.*

Mother Crucified,

*pray for us.*

Mother in pain,

*pray for us.*

Mother in tears,

*pray for us.*

Mother abandoned,

*pray for us.*

Mother afflicted,

*pray for us.*

Mother so desolate,

*pray for us.*

Mother deprived of Son,

*pray for us.*

Mother transfixed by the sword,

*pray for us.*

Mother overfilled with pain,

*pray for us.*

Mother full of anguish,

*pray for us.*

Mother full of toil,

*pray for us.*

Mother nailed to the Cross in her heart,

*pray for us.*

Mother Most sad,

*pray for us.*

Fount of tears,

*pray for us.*

Summit of sufferings,

*pray for us.*



Sea of bitterness to demons,  
*pray for us.*  
Rock of constancy,  
*pray for us.*  
Anchor of those who trust,  
*pray for us.*  
Refuge of the abandoned,  
*pray for us.*  
Shield of the oppressed,  
*pray for us.*  
Defeat of the incredulous,  
*pray for us.*  
Counsel of the miserable  
*pray for us.*  
Medicine of the sick,  
*pray for us.*  
Strength of the weak,  
*pray for us.*  
Port of the shipwrecked,  
*pray for us.*  
Pacifier of storms,  
*pray for us.*  
Aid of those in need,  
*pray for us.*  
Terror of those who incite evil,  
*pray for us.*  
Treasure of the Faithful,  
*pray for us.*  
Inspiration of the prophets,  
*pray for us.*  
Sustain of the apostles,  
*pray for us.*  
Crown of Martyrs  
*pray for us.*  
Light of Confessors,  
*pray for us.*

Flower of virgins,  
*pray for us.*  
Consoler of widows,  
*pray for us.*  
Joy of all the Saints,  
*pray for us.*  
Protectress of those who fight,  
*pray for us.*  
Terror of the insidious,  
*pray for us.*  
Treasure of the faithful,  
*pray for us.*

Pearl of virgins,  
*pray for us.*  
Support of orphans,  
*pray for us.*  
Haven of the sad,  
*pray for us.*

Lamb of God, Who takes away the sins of the world,  
*Spare us, O Lord Jesus.*  
Lamb of God, Who takes away the sins of the world,  
*Graciously hear us, O Lord Jesus.*  
Lamb of God, Who takes away the sins of the world,  
*Have mercy on us, O Lord Jesus.*

V. Pray for us, most Dolorous Mother of God,  
R. *so that we may be made worthy of the promises of Jesus Christ.*

*Let us pray*

O Almighty God, in whose Passion, according to the Prophecy of Simeon, a sword of grief pierced through the most sweet soul of Thy glorious Holy Virgin and Mother Mary, grant it to be proper that we, when we venerate her Seven Sorrows and remember them, may obtain the happy effect of Thy sacred Passion and arrive at everlasting joys in Heaven, through Jesus Christ Our Lord. *Amen .*

“Let us bind ourselves tightly to the Sorrowful Heart of our Heavenly Mother and reflect on its boundless grief and how precious is our soul.” - Saint Padre Pio